



Seven Spoons Lunch Menu

Salads

1. Colossal Greek salad with all the fittings (veg) 190B
2. Quinoa salad with watermelon, beetroot, feta and dill (veg) 220B
3. Broccoli quinoa salad with lime yogurt dressing and pumpkin seeds (veg) 220B
4. Peach, grilled aubergine and paneer cheese on mixed greens (veg) 200B
5. 'Twisted' kale Caesar salad with grilled chicken, bacon, egg and artichoke 220B
6. Smoked salmon, baby potato, asparagus salad with sundried tomato 220B

Sandwiches, Burgers, Tacos

7. The Mighty Seven Spoons vegetarian burger 220B
8. Slow cooked balsamic honey pulled pork burger 220B
9. Classic New York style bagel with smoked salmon, cream cheese and dill 220B
10. Florentine eggs bagel with spinach and goats cheese sauce 240B
11. Spiced chicken soft taco with house mango salsa 220B
12. Hot pressed BBQ chicken wrap with cheddar and hickory BBQ sauce 220B
13. Lime grilled shrimp wrap with cilantro, red cabbage and chipotle mayo 220B
14. Heavenly humus wrap with artichoke, feta and roast vegetables 220B
15. Seven Spoons club sandwich deluxe (grilled chicken, bacon and egg) 290B
16. Pastrami on rye with sauerkraut, cheddar and thousand island dressing 240B

Pasta and 'One Dish' Selections

17. Maccheroni, Emmental cheese, pumpkin & sourdough breadcrumb (veg) 220B
18. Cumin leaf pesto on conchiglie with braised kale and smoky bacon 220B
19. Gnocchi with crimini mushrooms and local herb pesto (veg) 220B
20. Aged white cheddar potato pierogies with dill and sour cream⁺ (veg) 220B

⁺ Dependent on availability

21. Italian mama classic spaghetti with fresh tomatoes and artichoke (veg) 220B
22. Spicy seafood (shrimp, calamari, mussels) on fettuccini 240B
23. Free range pork sausage, mushrooms, linguine white wine cream sauce with thyme 240B
24. Smoked salmon with sundried tomatoes, pink cream sauce on conchiglie 240B
25. Orecchiette with bacon meatballs and traditional Bolognese sauce 240B
26. Seven Spoons rice bowl: brown rice, fried egg, kale, chickpeas, miso tahini (veg) 240B

Mains

27. House spinach potato Knish with sautéed mushrooms (veg) 220B
28. Blini (buckwheat pancakes) topped with lentils, cream cheese (veg) 220B
29. Grilled paneer cheese on lentils with butter ginger sauce (veg) 260B
30. Spiced up aubergine parmigiana with chickpeas (veg) 220B
31. Our style chili con carne topped with cheddar and sour cream 240B
32. Creole shrimp gumbo with okra and assorted vegetables on rice 240B
33. Spicy Moroccan chicken with black olives and almond red rice 240B
34. Pan-fried snapper with cilantro mango tomato salsa 280B

Pizza

35. Spicy chorizo and caramelized bacon 260B
36. Courgette, mushroom and eggplant with pesto (veg) 260B
37. Parma ham, green apple, mozzarella 260B
38. Calamari, salami with spiced tomato sauce 260B
39. Artichoke, asparagus and ricotta (veg) 260B
40. Joe Sloane's sausage, mozzarella and artichoke pizza 260B