

Time: 11:30 – 14:30

# — SET — LUNCH • MENU •

2 COURSE: 295 BAHT  
3 COURSE: 355 BAHT

## Healthy LUNCH COMBO

### • 1ST COURSE • APPETIZER

**Pesto Caprese Salad** with Tomato, Mozzarella, Basil Pesto and Rocket

**Chicken Caesar Salad**

**Organic Baby Spinach Salad** with Cashewnut Cheese, Orange, Avocado, Sprouts, Figs, Pine-nut

**Beetroot Tartare** with Mustard Sauce, Olive Oil Dressing and Herbs

**Bruschetta Parmigiana** with Pesto, Eggplant, Tomato and Parmesan Bechamel

**Grandma's Polpetta** (Meat Balls)

**Quinoa Salad** with Potato, Bell Pepper, Zucchini, Almonds and Olive Oil Dressing

**Beet Cocotte** with Potato, Beets, Radishes and Gorgonzola Cocotte on Rocket Leaves.

**Sauteed Broccoli** with Garlic and Chili

**Minestrone Soup** Genovese Style with Fregola Pasta

**Raw Gazpacho Soup** with Tomato, Celery, Capsicum, Season Vegetables, Avocado and Bean Sprouts

### • 2ND COURSE • - MAIN -

**Spaghetti Carbonara** with Bacon, Eggs and Parmesan

**Spaghetti with Clams**, Garlic, White Wine, Italian Parsley and Kampot Pepper

**Penne Arrabbiata** with Garlic, Chili, Tomato Sauce

**Penne Cretan** with Shallots, Sundry Tomato, Pesto Sauce

**Penne Boscaiola** with Mushrooms, Red Wine, Grated Parmesan and Tomato Sauce

**Risotto Nduja** with Spicy Italian Sausage From Calabria and Chopped Zucchini

**Pan Roasted Seabass** with Ratatouille

**Italian Sausage Stew** in Red Wine Sauce, served with Mash Potato

**Seared Tuna Belly** with Bellpepper, Rocket, Black Eyed Peas and Yoghurt Sauce

**Smoked Free Range Chicken** simmered with Tomato, Capsicum & Black Olive, served with Grilled Bread

### • 3RD COURSE • DESSERT

Vanilla Panna Cotta with Raspberry Sauce

Vegan Chocolate Coconut Delight

Vanilla Ice-Cream

Tiramissu



### Vegan Combo

295

Base: Spelt, Extra Virgin Olive Oil, Sea Salt, Pepper

Filling: Curly Kale, Chikepeas & Beans, Eggplant, Olives, Sprouts, Cashewnut Cheese



### Meat Combo

320

Base: Red Rice, Extra Virgin Olive Oil, Sea Salt, Pepper.

Filling: Korat Organic Smoked Chicken, Red Oak, Ratatouille, Tomato Slices



### Fish Combo

320

Base: Quinoa, Bell Pepper, Zucchini, Extra Virgin Olive Oil, a Sea Salt, Pepper

Filling: Salt & Rosemary Grilled Seabass Fillet, Beetroot Dip, Asparagus, Rocket Leaves



### Pasta Combo

390

Base: Wholegrain Penne Pasta, Extra-Virgin Olive Oil, Sea Salt, Pepper

Filling: Avocado, Rocket Leaves, Champignon Mushroom, Tomato, Brie Cheese, Anchovies in Oil

## SPELT Focaccia

### PARMA AND TALEGGIO

- 320 -

Parma ham 24 months aged, Beef Tomatoes, Taleggio cheese

### NDUJA

- 320 -

with Nduja Spicy Sausage, Mozzarella and Eggplant

### NAPOLITAN

- 290 -

Organic egg, Endive, capers, anchovies, mozzarella



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