



Plant-based ,

Vegan items

### **ORGANIC SALAD BAR**

Mixed lettuce, baby spinach or kale


Broccoli, cauliflower, cucumber, cherry tomatoes, beetroot, radishes, sweetcorn bell pepper, mushrooms, green asparagus, carrots, chickpeas

Sunflower seeds, pumpkin seeds, golden raisins

Marinated green & black olives

Sundried tomatoes

Dressing: thousand island; caesar;

Dressing : mustard; balsamic (*both contains maple syrup*)

Skipjack tuna, farm eggs

### **BREAD SELECTIONS**

Bread sticks, focaccia, ciabatta, extra virgin Olive Oil, balsamic vinegar

### **SOUP**

Minestrone, spelt, barley 

Mushroom


### **PIZZA**

Margherita

Pizza – tomato, broccoli, olives 

### **PASTA (prepared a la minute)**

Spaghetti puttanesca


Orecchiette, organic pumpkin sauce 


### **MAIN COURSE**

Branzino al cartoccio

Grilled veal sausage

Chicken, tomato stew

Sautéed organic vegetables 

Baked eggplant, tomato stew 

### **CHEESE**

Parmigiano

### **DESSERTS**

Dessert buffet + 1  **Plant-based** dessert

Fruits 