



Rp

**UMA BREAKFAST**

200-

Tropical fruit plate

Two eggs cooked to your liking, roast tomatoes, sweet corn cake, mushrooms, smoke house bacon and chicken sausage

Served with your choice of toast

**HEALTHY ALTERNATIVE BREAKFAST**

200-

Fresh tropical fruit salad

Nut and seed flatbread with cashew nut hummus, avocado, tomato and rocket

Or

Fluffy egg white omelet with kale, sautéed mushrooms and roasted tomatoes

All set choices include a juice and tea or coffee

## **BREAKFAST**

### **A LA CARTE**

Rp

Tropical fruit plate 55-

Fresh tropical fruit salad 65-

Cereals: Corn Flakes or House Made Granola 40-

Bircher muesli with apple, mango and passion fruit 55-

### **COOKED TO ORDER**

Black rice pudding with mango, banana and young coconut 55-

Vanilla spiced French toast, fresh mango, passion fruit curd and dried  
coconut 85-

Ricotta hotcakes with fresh banana and strawberries,  
caramel chocolate sauce, candied peanut 85-

Two egg omelete with your choice of fillings ham, tomato, cheddar  
cheese, mushrooms, leek, spinach, asparagus and fine herbs 85-

Sweet corn cakes w  
ith smoked salmon, avocado and lemon scented  
cottage cheese with rocket 85-

Uma breakfast; two eggs cooked to your liking, roast tomatoes, sweet  
corn cake, mushrooms, smoke house bacon and chicken sausage 85-

Eggs Benedict; poached eggs, sliced prosciutto and watercress on  
English muffins with Hollandaise sauce 85-

### **COMO SHAMBHALA HEALTHY ALTERNATIVES**

Nut and seed flatbread with cashew nut hummus, avocado, tomato and  
85-

**rocket - R**

**Quinoa, pear and cinnamon porridge with dried cranberries and almonds 85-**

**Fluffy egg white omelet with kale, sautéed mushrooms and roasted tomatoes 85-**

**Poached egg with seasonal greens and Green Goddess sauce 85-**

**R - these selections adhere to the philosophies behind living food and raw food diets, rich in nutrients and high in living enzymes**

## **BREAKFAST**

### **DAILY SPECIALS**

#### **Monday**

**Boiled rice soup with pork dumplings, soft cooked egg, fried shallots, coriander** 85-

#### **Tuesday**

**Balinese coconut pancake, caramelized banana, toasted slice coconut, palm sugar syrup** 85-

#### **Wednesday**

**Nasi Lemak; beef rendang, spiced braised chicken, long bean salad, crispy fish, sambal and coconut rice** 85-

#### **Thursday**

**Balinese red rice porridge, shredded chicken, egg crepe, sprouts, coriander** 85-

#### **Friday**

**Fragrant Laksa with chicken, fried tofu, rice noodles and sprouts** 85-

#### **Saturday**

**Burbur Ikan; boiled rice with minced fish dumplings, coconut, wild ginger and spring onions** 85-

#### **Sunday**

**Balinese "Bacon & Eggs" grilled pork belly, crispy fried egg, white steam rice** 85-

## **BREAKFAST**

### **FRUIT AND VEGETABLE EXTRACTS**

Choice or combination of:

45-

Tangerine, pineapple, watermelon, carrot, celery, red capsicum, tomato, green apple, ginger, turmeric

### **JUICE BLENDS**

45-

Watermelon, apple, ginger and mint

Orange, tangerine, pineapple and lime

Carrot, celery, ginger, apple and tomato

Young coconut, mango, papaya and passionfruit

## **COFFEE**

**Selected from carefully washed 100% Arabica coffee beans harvested at the Nusantara heritage regions located at Kintamani, Toraja and Aceh. A flavorful combination providing the right sweetness and bitterness to round up a delightful medium roasted blend.**

<b>Bali Coffee</b>	<b>30-</b>
<b>Espresso</b>	<b>30-</b>
<b>Freshly Brewed Coffee</b>	<b>30-</b>
<b>Iced coffee</b>	<b>30-</b>
<b>Cappuccino</b>	<b>35-</b>
<b>Café Latte</b>	<b>35-</b>
<b>Decaffeinated</b>	<b>35-</b>
<b>Hot chocolate</b>	
<b>30-</b>	

## **Tea** **30-**

### **Earl Grey**

**Full bodied black tea blend scented with oil of bergamot for a unique citrus flavor.**

### **English breakfast,**

**Bright, full bodied blended tea with a strong flavor that goes well with milk and sugar.**

### **Red Berries**

**A well rounded mixture of fruits, flowers and berries with a strong berry flavor.**

### **Chamomile Flowers**

**An apple-like flavored tea with a naturally calming effect.**

### **Sencha Dewata**

**A quality green tea produced in Indonesia using Japanese varietal tea plants.**

### **Lemon grass & ginger blend**

**Simple yet vitalizing blend of Lemon Grass and Ginger. Enjoy hot or chilled.**

### **Peppermint Leaf**

**Fresh peppermint tea with a naturally sweet and cooling flavor.**

**Telaga Oolong**

**Indonesian Oolong tea with a delicate fruity aroma, hints of honey and green fruit.**