

THE LOFT

SPECIALS

BREAKFAST

6h30 to 12pm

Eggs Benedict	78k
Smoked salmon or bacon, poached eggs, spinach on english muffin served with homemade hollandaise sauce	
Breaky Burger	50k
Bacon, spinach, egg, sundried tomato pesto, mushroom, hollandaise sauce on a brioche bun	
Quinoa Porridge 	68k
Oats, quinoa, berry compote, toasted coconut flakes, topped with glazed pears and fresh mango, your choice of milk (regular, almond or coconut)	
Chia Pudding 	50k
Activated chia pudding with mango and dragon fruit sorbet, topped with fresh fruits	
Breakfast Wrap	50k
Two scramble eggs, mozzarella chesse, pico de gallo and bacon served with tomato relish	
The Big Breakfast	87k
Two poached eggs, bacon, chorizo, mushrooms, roasted tomato, spinach, home made butter and sourdough bread	

HEALTHY SHOTS (35k)

Apple Cider Vinegar

Natural Antibiotic Daikon, chilli and garlic

Anti-inflammatory Turmeric, ginger, lime, honey, pepper

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LUNCH

12pm to 18h

- Israeli Hummus Bowl** 72k
Warm chickpeas hummus, mixed olives, halloumi cucumber, carrots, spicy roasted chickpeas and seared sourdough
- Prawns Spaghetti** 85k
Spaghetti with our house made rich tomato sauce, fresh basil, chili and prawns
- Creamy Fettuccine** 78k
Made to order fettuccine with creamy chicken, bacon, mushroom and parmesan cheese
- Chicken Parmigiana** 85k
Our crumble parmesan chicken schnitzel with rustic tomato sauce with a side rocket parmesan and creamy mash potato
- Tacos 3 Ways** 72k
Chicken, fish or sweet potato. Filled with guacamole, cabbage, iceberg, pico de gallo, pickled green mangoes sourcream and chipotle sauce
- Chicken Stroganoff** 72k
Organic chicken, creamy stroganoff sauce, mushrooms served with rice and chips

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