



Healthy-Tasty Lunch Plan

Choose a Freshly Squeezed Juice

Apple, Orange or Watermelon

Choose a Salad or Soup

Super Food Organic Spinach & Quinoa  

Green Apple, Pumpkin Seed, pomegranate, Extra Virgin Olive Oil

Soup of the Day

Power Salad 

*Broccoli, Mushroom, Cauliflower, Avocado, Carrot, Zucchini, Squash,
Apple, Raisins, Mozzarella, Sunflower Seed*

Choose a Main Course

Penang Assam Laksa

Spicy Fish Broth, Shrimp Paste, Cucumber, Red Onion, Pineapple, Mint Leaves

Local Farmed Vegetable Lasagne 

Tomato, Zucchini, Aubergine, Cauliflower and Broccoli

Oven Baked Lemongrass Lacto Chicken

Spicy Rice Noodle and Asian Green Herb Salad

\$39 ++ per person

(Chope Exclusive 1-for-1 from 1 May until 30 June 2019.

Book via Chope using promo code Verde0506. Limited availability)

Real food. full of natural flavours

 Vegan  Vegetarian  Gluten-free