

Rabbit Carrot Gun The Trenchard Arms



SMOOTHIES & JUICES

GREEN & LEAN

Pineapple, Coconut Water, Avocado
Lemon, Kale - D



7

HAPPY PLACE

Strawberries, Raspberries, Blue Berries
Banana, Coconut Water - D



7

MILKSHAKES

BANANA or CHOCOLATE

BEROCCA

DETOX JUICE

Celery, Apple, Carrot, Beetroot, Ginger

TROPICANA JUICE

Pineapple & Lime

REFRESHER JUICE

Watermelon, Apple, Mint



ORANGE or APPLE JUICE



7

5

7

6

6

6

COFFEE & TEA

BLACK

Espresso, Macchiato, Long Black

5

Milk +.5

WHITE

Latte, Flat White, Cappucino, Piccolo Latte

5.5

Soy Milk +1

CHOCOLATE

Mocha, Hot Chocolate

6.5

BULLET COFFEE

Long Black, MCT Oil, Butter - K

7

TEA

English Breakfast

Earl Grey

Peppermint

Chamomile

Iced Lemon Tea



4.5

+1

Prices Are Subject to 10% Service Charge & Prevailing GST

V - Vegetarian / K - Keto / GF - Gluten Free / D - Dairy Free

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BRUNCH 8.30AM-3PM

AVOCADO SMASH	18
Feta Cheese, Toasted Seeds, Poached Eggs on Rye Sourdough	V
GAMEKEEPER'S SHOOTING BREAKFAST	23
Sausage, Bacon, Baked Beans, Mushrooms, Grilled Tomato, Eggs Your Way, Toast or Fried Bread	
DUKKAH EGGS	19
Marguez Sausage, Poached Eggs, Roasted Squash, Hummus, Rye Sourdough, Crumbled Feta, Parsley Oil, Dukkah	
BUBBLE & SQUEAK	18
Roasted & Sautéed Vegetables, HP Sauce, Bacon, Sausage, Hash, Fried Egg, Shaved Gruyère	
KOO KOO CA CHOO	18
Mushroom Fricassee, Potato Hash, Poached Eggs, Shaved Gruyère, Truffle Vinagrette	V
HUEVOS RANCHEROS	18
Baked Eggs, Tomatina Sauce, Guacamole, Tomato, Feta Cheese, Crispy Pork, Jalapeño, Tortilla	
CROQUE MONSIEUR	14
Beer Bread, Ham, Cheddar, Bechamel Sauce	
CROQUE MADAME - Add an Egg + 2	
STEAK & EGGS	25
Scrambled Eggs, Raw Spinach	GF/K
EGGS BENEDICT	16
Poached Eggs, Grilled Back Bacon, Rye Sourdough, Hollandaise	
BUTTERMILK PANCAKES	16
Chocolate Nut Crumb, Fresh Berries, Vanilla Ice Cream, Maple Syrup	
GRANOLA & YOGURT	10
Berry Compote	V
EGGS YOUR WAY	9
Poached, Fried or Scrambled Eggs with Toast & Butter	



SIDES

Baked Beans	3	Smashed Avocado	4
Grilled Tomato	3	Potato Hash	4
Mushrooms	4	Sausage	4
Bacon	4	Toast, Butter & Jam	5
Smoked Salmon	7	Gluten Free Toast	+2

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