

# BREAKFAST

## ***Wake up***

Toasted bread with smashed avocado, poached egg, cherry tomato, shallots and bacon  
Single 55 K  
Double 105 K

## ***Morning Pita***

Toasted pita bread with scrambled eggs, bacon, rucola and tomato salad  
62K  
+ add avocado smashed 35K



## ***Spring Pita***

Toasted Pita bread topped with vegan mayo, diced broccoli, sweet corn, shallot, tomato, cucumber  
45K  
+ add feta cheese 20k



## ***Happy Pita***

Toasted pita bread with sliced avocado, scrambled egg with melted mozzarella cheese and marinated roasted pumpkin  
69K



## ***Avo omelette***

Omelette filled with avocado, mushrooms and aged cheese served with toasted bread  
90k



## ***Mediterranean omelette***

Turmeric flavoured omelette topped with mushrooms, red onion, black olives, cherry tomato, basil, feta cheese, leek, and parsley, served with toasted bread  
70k

## ***Zucchini omelette***

Zucchini omelette filled with ham and mozzarella cheese, served with toasted bread and tomato & rucola salad  
80k



## ***Cheesy mushroom spinach omelette***

Omelette filled with spinach and sauteed mushrooms and mozzarella cheese served with toasted bread  
70K

Prices are all inclusive  
Charge for take away 10k

### ***Guaca***

Toasted bread with avocado, tomato,  
shallots, sesame seed, chicken sausages,  
scrambled eggs  
86K



### ***Pansack***

Homemade brioche bread roll filled  
with vegetables, mozzarella cheese and  
parmigiano  
55 K



### ***Scrambled mozzarella***

Toasted bread topped with smashed  
avocado and scrambled egg mixed with  
melted mozzarella cheese  
65K



### ***Scrambled turmeric tofu***

Scrambled tofu with fresh turmeric juice,  
sliced tomato, avocado, toasted bread, basil  
62K



### ***Bread and broccoli***

Open sandwich with broccoli pesto  
and feta cheese  
68K



### ***Scrambled chickpeas***

Scrambled chickpeas and zucchini, served  
with toasted bread, rucola and tomato  
salad and souteed mushroom  
92K



### ***Swiss potato rosti***

Potato rosti  
40K

Choose your topping :

+add mushrooms and spinach 30K

+ add 2 eggs and bacon(2 slice) 30k

+add smoked salmon, dill and vegan mayo 50K

+ add cherry tomato, avocado and feta cheese 50k

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## ***Bread and jam***

Homemade bread brioche basket  
with butter and homemade jam  
choose you jam from :

Strawberry / Mango & pineapple/ Orange ginger  
Rp 60k



## ***Peanuts butter and apple***

Toasted bread with apple, peanut butter,  
brown sugar and cinnamon  
60K



## ***Cheese and pear***

Toasted bread topped with cream cheese,  
pear, almonds, honey and chia seeds  
78K



## ***Banana Queen***

Toasted bread with hazelnuts and cocoa  
cream, topped with banana, chia seeds and  
chopped hazelnuts  
68K



## ***cheese and strawberry***

Toasted bread topped with cream cheese,  
strawberry, honey  
78k

## ***Extras***

Eggs (2 pcs) 18K  
Bacon (2 sliced) 18K  
Chicken sausages (2 pcs) 20K  
Smocked Ham (1 slice) 10K  
Mozzarella cheese (2 slice) 15K  
Jam 25K  
butter portion 10g 5K  
honey 40K  
cream cheese 30k

Roasted red bell pepper 25K  
Roasted pumpkin 10K  
Avocado 35K  
Souteed spinaches 30K  
Souteed mushrooms 20k  
Souteed broccoli 30K

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# FRUIT SMOOTHIES BOWLS

Our smoothie bowls are composed of 400 ml of blended frozen fruit mixed with other natural ingredient, no ice added and topped with organic fresh fruit, seeds, granola.

## *Azalea*

Blended frozen banana, pineapple, dragon fruit, coconut cream, homemade strawberry syrup, nutmeg powder. Topped with fresh strawberry, coconut flakes and almond sliced.

90K

## *Geranio*

Blended strawberry and banana. Topped with grapefruit, strawberry, goji berries and granola

90K

## *Narciso*

Blended mango and pineapple. Topped with passion fruit, banana, granola, strawberry and coconut flakes

Rp 95k

## *Peonia*

Blended dragon fruit, strawberry and lime. Topped with mango, strawberry, coconut flakes, granola and honey

95K

## *Gerbera*

Blended banana, hazelnut, soy milk and honey. Topped with banana, cashew, datters, goji berries and pumpkin seeds

95

## *Special chocolate Bowl*

Blendend banana, java raw cacao powder, honey, coconut milk. Topped with banana, cashew, coconut flakes, chia seeds, small oreo biscuits

80k

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## *FRUIT BOWL*

**Tropical mixed fruit salad**

58 K

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# SALADS AND BOWLS



## ***Rainbow salad***

Red and white cabbage, carrot, zucchini, corn, bell pepper, lettuce and rucola, almond and dried cranberries served with tzatziki yogurt on the side  
90k



## ***The Greenhouse Salad***

Lattuce, red cabbage, carrot julienne, rucola, sweet corn, avocado, tomato, shallots, sesame seeds, tempe manis, leek, pumpkin seeds, sunflowers seeds

Dressing : peanut sauce  
99k

## ***Avocado chicken***

Avocado, roasted chicken, bacon, lettuce, mango, fresh tomato, shallow and basil with chicken  
99 k



## ***Caprese***

Fresh tomato, fresh mozzarella, basil, extra-virgin olive oil  
84k



## ***Special salad***

Roasted pumpkin, radishes, spinaches, rucola, lattuce, cherry tomato, sauteed mushroom, cashews and almonds  
95k

## ***Italian veggie selection***

Italian marinated grilled and baked vegetable

85k

+ add basked toasted bread with garlic, oil, and parsley

(6 slice baguette)

20k

+ add pizza focaccia with garlic, oil and origano

35K

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 ***Poke' tofu vegan bowl***

Spinach, potato, avocado, lettuce, red bell pepper, carrot, white and red cabbage, cherry tomato, grilled tofu, chickpeas. Served with vegan mayo.  
95k

 ***Buckwheat nourish bowl***

lettuce, avocado, tomato cherry, corn, sesame seeds, roasted pumpkin, buckwheat, feta cheese, sautéed spinach, poached eggs, spring onion  
110k

***Salmon poke' bowl***

Sweet potato, pak choi, lettuce, broccoli, yellow and red cherry tomato, roasted tomato, rice, black sesame seeds, cashew, smoked salmon, scrambled eggs  
110k

***Spicy chicken nourish bowl***

Spinach, roasted red bell pepper, grill pumpkin, turmeric scrambled egg, cherry tomato, white rice, broccoli, cashew, red radish, black sesame seeds, spicy chicken  
95k

 ***Rice noodles Buddha bowl***

Red cabbage, spinach, avocado, broccoli, rice noodles, tofu, cashew, edamame.  
Rp 95k

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# LUNCH AND DINNER

## 4 BITES



### **Eggplant parmigiana roll**

Eggplants rolls filled with mozzarella cheese, topped with tomato sauce and parmigiano

70k



### **Bruschetta italiana**

Toasted bread with fresh tomato, garlic basil and extra-virgin olive oil

45k



### **Bruschetta funghi**

Toasted bread with souteed mushroom and mozzarella cheese

50k



### **Bruschetta melanzane**

Toasted bread with eggplant spread and mozzarella cheese

50k



### **Bruschetta peperoni**

Toasted bread with red bell pepper source and mozzarella cheese

60k



### **Bruschetta salmon**

Toasted bread with marinated smoked salmon with vegan mayo, spring onion, mint and garlic

65k

## HAPPY STARTING

### **Ham married potatoes**

Roasted potato with smoked ham and melted mozzarella, parsley

60k



### **Peperoni married potatoes**

Roasted red bel pepper and potato with melted mozzarella, parsley

60K

### **Chicken married potatoes**

Baked potato with melted mozzarella, roasted chicken and peanut souce

70k

## WRAP

### **Salmon wrap**

White tortilla wrap filled with spinach, carrot, red cabbage, vegan mayo, smoked salmon served with lettuce and red radish

70k



### **Veggie wrap**

White tortilla wrap filled with lattuce, grilled eggplant, slice tomato served with lettuce and red radish

45K

### **Chicken wrap**

White tortilla lattuce, tomato, vegan mayo, roasted chicken served with lettuce and red radish

55k

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# SIGNATURE PASTA

...BECAUSE PASTA IS CULTURE,  
NOT ONLY TRADITION



## **Eggplant pesto**

Spaghetti with homemade eggplant pesto and  
parmigiano  
Rp 86K

## ***Boscaiola***

Caserecce with minced pork, mushrooms,  
eggplant, cherry tomatoes, cream, leek,  
parsley and parmigiano  
130K

## ***Asparagus and mushrooms***

Pappardelle with asparagus, mushroom , smoked  
pancetta (pork) and parmigiano  
95K



## ***Tuna violet spaghetti***

Spaghetti with red cabbage, tuna flakes, chilli,  
and crumbled bread  
105K



## **Spicy spaghetti**

Spaghetti, parsley, garlic, hot chilly,  
extra- virgin olive oil and parmigiano.

65K

+ add chicken

35k

+ add feta cheese

28K



## **Pumpkin and asparagus**

Spaghetti with pumpkin sauce topped with  
souteed asparagus, parmigiano.

86k

**\*Our pasta is homemade and contains egg**

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### **Turmeric Green peas**

Casarecce with turmeric sauce, green  
peas, red cabbage and parmigiano  
95K

### **Cheesy mushrooms Pappardelle**

Pappardelle with an homemade  
delicious cheesy mushrooms sauce and  
parmigiano  
105 K



### **Broccoli. italian sausages and brie**

Casarecce with broccoli sauce,  
broccoli, italian sausages(pork), brie  
cheese and parmigiano  
130K



### **Pappardelle blue cheese and pistacchios**

Beetroot pappardelle with blu cheese  
sauce and pistacchios  
140k

## RICE NOODLE SOUP

### **Chicken noodles soup**

Rice noodles with chicken and  
vegetable  
75K

### **Veggie noodles soup**

Rice noodles with vegetable  
65K

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# MAINS

## **Caribbean Chicken**

Diced chicken cooked with bel peppers and pineapple bittersweet served with Rhum caramelised pineapple and steam rice  
120K

## **Chicken Cashew nut**

Diced chicken garlic, leek, cashew nut, sweet soy sauce served with rice  
96k

## ***Chicken mushroom***

Diced chicken in mushrooms sauce served with salad and toasted bread  
140k

## **Surf 'n' Avo**

Stack of smoked salmon, steamed rice and lime dressed diced avocado and with homemade vegan sauce  
99k

## **Italian Sausages**

Grilled Italian sausages (200g), with small salad mix and roasted potatoes  
130K



## ***Wagyu steak***

250g Australian wagyu rib-eye marbling 5 steak, served with roasted potato and salad  
350k

## ***Rib-eye steak***

200g local beef rib-eye steak, served with roasted potato and salad  
140k



## **Satay special**

Pork, chicken and shallots skewers brushed with red bell pepper sauce served with salad and pineauts sauce  
120K

## ***Satay The Greenhouse***

Pork, chicken and shallots skewers flavoured with mediterranean herbs served in a bucket with salad on the bottom and spicy mango sauce on the side  
110k



## ***Coconut curry Satay***

Pork, chicken and shallots skewers flavoured with coconut-turmeric-ginger sauce served with salad and white rice  
115 k

Prices are all inclusive  
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### **Mediterranean tofu**

Tofu cooked with cherry tomatoes,  
capers, olives, oregano, garlic, basil  
and parsley  
70k



### **chickpeas vegan curry**

Chickpeas vegan curry , served with  
white rice  
K



### **Vegan Roast beef**

Vegan roast beef (seitan) cooked with  
mediterranean sauce (carrot,  
mushrooms, onion, celery, rosemary and  
thyme)served with roasted potato and  
mixed salad.  
170K



### **Vegan tempe' Satay**

roasted tempeh skewers marinated in  
tamari sauce served with sautéed  
spinach and sauce  
choose from peanauts sauce or  
homemade vegan mayo  
80K

Prices are all inclusive  
Charge for take away 10k

"JUST GIYE ME SOME FLOUR AND

SOME WATER...

...I'LL SHOW YOU A MAGIC TRICK!"

## PIZZA

### THE ORIGINALS



#### *Margherita*

Tomato sauce, mozzarella cheese,  
basil and olive oil  
86k



#### *Marinara*

Tomato sauce, garlic, oregano  
52k

### SIGNATURE PIZZA



#### *Salmon*

Zucchini julienne, cream, smoked salmon,  
mint leaves, mozzarella  
118k



#### *Farmer*

Cream, broccoli, black olives, red bell  
pepper, sauteed mushrooms, extra virgin  
olive oil, mozzarella  
118k



#### *Gardener*

Grilled vegetable, mozzarella, rucola,  
raw cherry tomatoes  
96k

#### *Chef*

Cream, zucchini julienne, cherry  
tomatoes, salami, basil and mozzarella  
110k

prices include tax and service



## Fresh tomato

Raw fresh tomatoes, shallots, garlic, basil,  
black olives, extra virgin olive oil.  
72K

+ add tuna 35K  
+ add mozzarella fresh 65K  
+ add vegan cheese 52 k



## Crunchy

Roasted potatoes, mushrooms, black  
olives, extra virgin olive oil,  
almonds and hazelnuts  
90k

+ add mozzarella cheese 35K  
+ add vegan cheese 52k  
+ add fresh mozzarella 65K

## Corn and Zucchini

Sweet corn, ham, grilled zucchini, cream,  
fresh tomato diced and mozzarella  
110k



## Broccoli

Broccoli pesto, sauteed broccoli,  
crumbled italian sausage and  
mozzarella, extra-virgin olive oil  
150k

## Chicken potato

Roasted chicken, roasted red bell pepper,  
black olive, roasted potato garlic, parsley,  
mozzarella, extra virgin olive oil  
138k

## Italian Sausage and potato

Roasted potatoes, crumbled Italian  
sausages, mozzarella and rosemary  
140k

## Chicken

Roasted chicken, mushrooms red bell  
pepper, black olive, onion, basil, parsley,  
garlic, mozzarella,  
extra virgin olive oil  
130k

## Hawaii

Tomato sauce, ham, pineapple and  
mozzarella  
110K



## Leek

Eggs, italian pancetta (pork), leek, cream,  
mozzarella cheese  
125K



## Blue Pineapple

Pineapple, mozzarella cheese, blue cheese and  
black pepper  
95K



## Green apple

Green apple, lime, sautéed onion, cashew,  
mozzarella  
120K



## Exotic

Sauteed onion, smashed avocado, cherry  
tomatoes, rucola, almonds, raw extra-  
virgin olive oil  
115k



## Paesana

Roasted pumpkin, roasted potato, sauteed  
mushrooms, onion, extra-virgin olive oil  
70k  
+ add vegan cheese 52k  
+add mozzarella cheese 35k



## Delicious

Vegetables mix, raw extra-virgin olive oil,  
parmigiano, raw fresh mozzarella and  
almond sliced, garlic and origano  
165k  
  
+add diced fresh avocado 35K



## 4 Cheese

Mozzarella, smoked scamorza, blue cheese,  
parmigiano  
138K



## Fire

Tomato sauce, cherry tomatoes, fresh chilli,  
spicy salami, black olives, extra virgin olive  
oil, basil and mozzarella  
110k



## THE GREENHOUSE SPECIAL PIZZAS

Special pizza is only the answer!

### Primavera

**Spinach dough** filled with cream, mushrooms, broccoli, cherry tomato, yellow bell pepper, sweet corn, smoked pancetta, mozzarella cheese, extra virgin olive oil  
150K



### Fresh rucola

**Violet cassava dough** filled with cream, mix grilled vegetable, mozzarella, topped with fresh rucola fresh tomato cherry, extra virgin olive oil, feta cheese.  
150k



### Violet

**Violet cassava dough** filled with turmeric cream, mushrooms, roasted potato, fresh chilli, onion, extra virgin olive oil, smoked scamorza and fresh red cabbage  
160K

### Pumpkin special

**Pumpkin dough** topped with cream pumpkin, broccoli, zucchini, bacon and mozzarella, extra-virgin olive oil and basil  
138k



## THE GREENHOUSE SPECIAL PIZZAS

### **Star**

A star shaped pizza topped with red bell pepper ,potatoes,  
black olives, mozzarella cheese, extra virgin olive oil  
140K

### **Flower bouquet**

A bouquet shaped pizza filled with grilled vegetable  
and mozzarella cheese, topped with rucola, salame,  
fresh tomato, and feta cheese  
140k

### **Half moon blue cheese**

Half moon shaped two layers pizza filled  
with spicy salame, mozzarella cheese, black pepper,  
blue cheese, topped with tomato sauce and parmigiano  
140 K

### **Half moon Ham and mushroom**

Half moon shaped two layers pizza filled  
with smoked ham, mushroom and mozzarella with  
tomato sauce and parmigiano  
140K

### **Meat Love**

Heart shaped pizza topped with italian sausages(pork),  
mozzarella cheese and roasted red bell pepper  
130K



### **Veggie Love**

Heart shaped pizza topped with raw mixed bell  
peppers, sweet corn, mozzarella cheese, red onions, and  
parsley.  
85 K



# PANUOZZO!

*The perfect alternative to a pizza,  
directly from southern Italy's tradition.  
A large crunchy sub, filled with whatever you prefer!*



## **Group 1 (1 choice)**

- Roasted chicken leg
- spicy salami (pork)
- Smocked ham (pork)
- Coppa ham (pork)
- Bacon (pork)
- Tuna flakes
- Avocado
- chicken sausages
- extra filling + 15

## **Group 2 (3 choices)**

- Mozzarella cheese
- Grilled vegetable (eggplant or zucchini or spicy pumpkin)
- Tomato
- Tofu
- Souteed mushrooms
- Eggs (fried or scrambled)
- Roasted potato
- Rucola
- lattuce
- Onion (raw)
- Souteed broccoli
- extra filling + 15K

## **Group 3 (3 choices)**

- Chilli sauce
- Tomato ketchup
- Sambal bangkok
- Vegan mayo
- Mayo

## **Group 1 special filling**

- crumbled Italian sausage (100g) + 15K
- Grill italian sausages 2 pcs +35K
- mozzarella fresh + 30k
- Smocked salmon (100g) + 20k

## **Group 2 special filling**

- Roasted red bel pepper +15K



# PANINI

*All our bread is homemade*

## **Bacon chicken pepper**

Grilled zucchini, roasted chicken, lettuce, bacon, mushrooms, black pepper, thousand island sauce in spinach green bun  
80k

## **Grilled veggie**

Italian style bread filled mix grill vegetable, slice tomato fresh and basil  
55K

## **Chicken paprika**

Italian style bread filled with roasted chicken, red bell pepper, mozzarella cheese  
86K

## **Chicken avo**

*Italian style bread, smashed avocado, roasted chicken, black pepper, mozzarella and bacon*  
99K



## **Tempè burger**

Tempe burger, lettuce, fresh tomato, vegan cheese, sauteed mushrooms and spinach, homemade vegan mayo in spinach vegan green bun  
86k



## **Italia**

Fresh mozzarella, sliced fresh tomato, extra-virgin olive oil and fresh basil in braided bread  
86k

## **Tuna and Tomato**

Italian style bread filled with tuna flakes, cherry tomatoes, basil, oregano, shallots and black olives  
65K



## **Pansack**

Homemade bread brioche filled vegetable, parmigiano and mozzarella cheese.  
Rp 55k



## **Vegan pumpkin**

Pumpkin bread with lettuce, rucola, tomato, grilled eggplant, vegan mayo  
65k

## **Pumpkin brie**



Pumpkin bread, filled with brie cheese, italian coppa ham, grilled eggplant.  
86k

# GELATO ITALIANO

## **Strawberry sundae**

Fresh strawberry with 1 scoop of lemon or vanilla ice cream topped with whipping cream and homemade strawberry syrup  
55K

## **Mango sundae**

Fresh mango with 1 scoop of passion fruit gelato topped with whipping cream, biscuit, and homemade mango syrup  
60K

## **Croccante**

Granola chocolate, 1 scoop rum rising, 1 scoop hazelnut, whipping cream topped with cashew and chocolate  
70K

## **Croccante Choconut**

1 scoop gelato of dark chocolate, 1 scoop of hazelnut, bisquit, whipping cream with chocolate sauce  
65K

## **Passion Oreo**

Grinded oreo bisquit 2 scoop of vanilla ice cream topped with whipping cream and oreo bisquit  
65K

## **Fruit and Gelato**

Fresh fruit mix dressed with lemon juice and sugar topped with 1 scoop of passion fruit gelato and strawberry sauce  
60K

## **Affogato**

Affogato al caffe or coffe liqueur  
choose your flavour ice cream from :  
vanilla bourbon, dark chocolate, rum raisin, hezelnut  
45K

## **Customize your gelato:**

vanilla bourbon  
dark chocolate  
rhum raisin  
hezelnut  
mango  
strawberry  
passion fruit

(1 scoop) 20k

whipping cream  
15K

choose your topping sauce :  
strawberry sauce, chocolate sauce, mango sauce  
2K

Choose your sweet topping  
up to three 15K :

sprinkles / mini candy balls / cigars wafer/  
mini oreo/ cereal / granola/ mini marshmallows

Prices are all inclusive  
Charge for take away 10k