

## 5 COURSE SET \$26.80\*\* PER PERSON

(Not valid on Fri Dinner, Sat, Sun and eve of PH Dinner and PH)

### STARTER

The elemen Appetiser

### CHOICE OF SALADS

- Spinach Salad
- Quinoa Salad
- Watermelon & Feta Salad
- Mushroom Salad

### OR

### CHOICE OF SOUPS

- Double-Boiled Burdock Roots with Monk Fruits
- Double-Boiled Maca Soup
- Cream of Peppery Herbal Soup
- Wild Mushroom Cream Soup with Truffle Oil

### CHOICE OF MAINS

- Spicy Shiitake with Purple Rice Roll
- Sizzling Quinoa Brown Rice
- Tempura Tofu with Avocado Roll
- Japanese Curry Noodles with Beancurd Roll
- Asia Curry with Dough-Balls
- Edamame Tofu with Black Truffle Wild Rice
- Mushroom Risotto with Black Truffle
- Braised Bailing Mushroom with Ee Fu Noodle
- Black Truffle Porcini Pasta
- Tomato Basil Pasta
- Wild Mushroom and White Truffle Pizza
- Milano Pizza

### CHOICE OF DESSERTS

- Double-Boiled Lemongrass with Peach Gum
- Five Treasures Ai-Yu
- Snow Chrysanthemum with Grass Jelly
- Sticky Date Pudding with Gelato

### CHOICE OF BEVERAGES

- Spearmint Tea (Hot)
- Lavender Tea (Hot)
- Coconut Chocolate (Hot)
- Sea Salt Coffee (Hot)
- Iced Lychee Green Tea
- Iced Coconut Mint with Butterfly Pea Flower
- Apple Kale Juice
- Summer Fruits Tea

## 8 COURSE SET \$32.80\*\* PER PERSON

### STARTER

- The elemen Appetiser

### BREAD

- Rosemary Breadsticks with Raspberry Yogurt Sauce

### CHOICE OF SALADS

- Spinach Salad
- Quinoa Salad
- Watermelon & Feta Salad
- Mushroom Salad

### CHOICE OF SOUPS

- Double-Boiled Burdock Roots with Monk Fruits
- Double-Boiled Maca Soup
- Cream of Peppery Herbal Soup
- Wild Mushroom Cream Soup with Truffle Oil

### APPLE CIDER

### CHOICE OF MAINS

- Spicy Shiitake with Purple Rice Roll
- Sizzling Quinoa Brown Rice
- Tempura Tofu with Avocado Roll
- Japanese Curry Noodles with Beancurd Roll
- Asia Curry with Dough-Balls
- Edamame Tofu with Black Truffle Wild Rice
- Mushroom Risotto with Black Truffle
- Braised Bailing Mushroom with Ee Fu Noodle
- Black Truffle Porcini Pasta
- Tomato Basil Pasta
- Wild Mushroom and White Truffle Pizza
- Milano Pizza

### CHOICE OF DESSERTS

- Double-Boiled Lemongrass with Peach Gum
- Five Treasures Ai-Yu
- Snow Chrysanthemum with Grass Jelly
- Sticky Date Pudding with Gelato

### CHOICE OF BEVERAGES

- Spearmint Tea (Hot)
- Lavender Tea (Hot)
- Coconut Chocolate (Hot)
- Sea Salt Coffee (Hot)
- Iced Lychee Green Tea
- Iced Coconut Mint with Butterfly Pea Flower
- Apple Kale Juice
- Summer Fruits Tea

# elemen 元素™

MY EARTH DIET

 Vegan choices available!

## STARTER

The elemen Appetiser  
\$ 4.80



## BREAD

Rosemary Breadsticks with Raspberry Yogurt Sauce  
\$ 2.80



## SALADS



 Mushroom Salad  
\$ 5.80



 Quinoa Salad  
\$ 5.80



Watermelon & Feta Salad  
\$ 5.80



Spinach Salad  
\$ 5.80

## SOUPS



 Double-Boiled Burdock Roots with Monk Fruits Soup  
\$ 8.80



 Double-Boiled Maca Soup  
\$ 8.80



Cream Of Peppery Herbal Soup  
\$ 6.80



Wild Mushroom Cream Soup with Truffle Oil  
\$ 6.80

## MAINS



Japanese Curry Noodles with Beancurd Roll  
\$ 12.80



Tempura Tofu with Avocado Roll  
\$ 15.80



Edamame Tofu with Black Truffle Wild Rice  
\$ 15.80



Spicy Shiitake with Purple Rice Roll  
\$ 15.80



Tomato Basil Pasta  
\$ 12.80



Milano Pizza  
\$ 15.80



 Mushroom Risotto with Black Truffle  
\$ 15.80



Braised Bailing Mushroom with Ee Fu Noodle  
\$ 15.80




Black Truffle Porcini Pasta  
\$ 18.80



Wild Mushroom and White Truffle Pizza  
\$ 15.80



 Sizzling Quinoa Brown Rice  
\$ 15.80



Asia Curry with Dough-Balls  
\$ 12.80

## BEVERAGES



Spearmint Tea  
\$ 4.80



Coconut Chocolate  
\$ 4.80



Iced Coconut Mint with Butterfly Pea Flower  
\$ 4.80



Summer Fruits Tea  
\$ 4.80



Lavender Tea  
\$ 4.80



Sea Salt Coffee  
\$ 4.80



Apple Kale Juice  
\$ 4.80




Iced Lychee Green Tea  
\$ 4.80

## DESSERTS



Sticky Date Pudding with Gelato  
\$ 9.80



 Five Treasures Ai-Yu  
\$ 6.80



 Snow Chrysanthemum with Grass Jelly  
\$ 5.80



 Double-Boiled Lemongrass with Peach Gum  
\$ 6.80