



MORNING BEVERAGES



HEALTHY JUICE

HAIL TO KALE

Kale, Watermelon, Apple, Lemon

CLEANSING JUICE

Pineapple, Cucumber, Kale, Lemon, Ginger, Mint

BLOOD PURIFIER

Carrot, Tomato, Orange, Pear, Lime

DE-TOX

Celery, Apple, Ginger, Pineapple, Lemon, Mint

SMOOTHIE

ANTIOXIDANT SMOOTHIE

Berries, Orange, Mango, Nuts

SMOOTHIE BALANCE

Banana, Orange, Spinach, Coconut Juice, Almonds

DIGESTION SMOOTHIE

Avocado, Apple, Greek Yogurt, Organic Honey

* COFFEE & HOT CHOCOLATE

Thai Coffee
Espresso
Cappuccino
Cafe Latte
Americano
Hot Chocolate

* TEA & HERBAL INFUSION

Classic English Tea
Earl Grey Darjeeling Summer
Jasmine Gold
Chamomile Flowers
Refreshing Mint
Classic Green
Red Berries
Thai Lemongrass

FRESHLY SQUEEZED JUICE AS PER YOUR PREFERENCE



V * EAT GOOD, FEEL GOOD...

Dairy Free Coconut Yoghurt, Dark Chocolate Granola, Peanut Butter, Banana, Chia Seeds

RICOTTA PANCAKE

Berries, Maple Syrup, Double Cream, Super Food Seeds

☞ OVERNIGHT OATS

Coconut Milk, Chia Seeds, Vanilla Beans, Honey, Berries

OAT MEAL

Brown Cinnamon Sugar, Banana

SALMON BAGEL

Smoked Salmon, Onion, Cucumber, Lettuce, Sour Cream

SOFT BOILED QUAIL EGGS, SWEET POTATO RÖSTI

Spicy Chorizo, Coriander Leaves, Pine Nuts

🍴 * EGG SHAKSHUKA

Baked Eggs in Tomato Sauce, Red Pepper, Onion, Cumin, Toasted Pistachios, Feta Cheese, Rye Bread

🍴 ☞ POWER GREENS EGG WHITE FRITTATA

Spinach, Zucchini, Asparagus, Coconut Oil

* BENEDICT

Poached Eggs, Ham, English Muffin, Hollandaise Sauce

🍴 * FLORENTINE

Poached Eggs, Sauteed Spinach, English Muffin, Hollandaise Sauce

🍴 * AVOCADO CROSTINO

Toasted Multigrain Bread, Avocado, Soft Poached Eggs

TWO EGGS ANY STYLE

THREE EGGS OMELET

SIDES:

Bacon, Pork or Chicken Sausage, Vine Tomatoes, Potatoes, Avocado, Halloumi



THAI

☞ PORK OR CHICKEN CONGEE

Poached Egg, Ginger, Spring Onions

☞ KHAO KAI JEOW

Crab Omelet, Steamed Jasmine Rice, Onion

BA MEE KIEW MOO DAENG

Egg Noodle Soup, Sliced Pork & Chicken Dumplings

* TRADITIONAL STEAMED RICE DUMPLINGS

Pork, Chicken, Fish

MOO PING

Thai Marinated Grilled Pork Skewers, Jasmine Rice

V ☞ * MORNING BOOST

POWER BALLS

Banana, Peanut Butter, Chocolate Chips, Soy Milk, Nuts, Coconut

+

OATMEAL BAR

Mixed Berries, Dried Fruits, Oat, Honey, Almond Milk

+

ENERGY SMOOTHIE

Baby Banana, Coconut Milk, Mint, Guarana, Vanilla



...MINDFUL EATING...

V VEGAN

☞ GLUTEN FREE

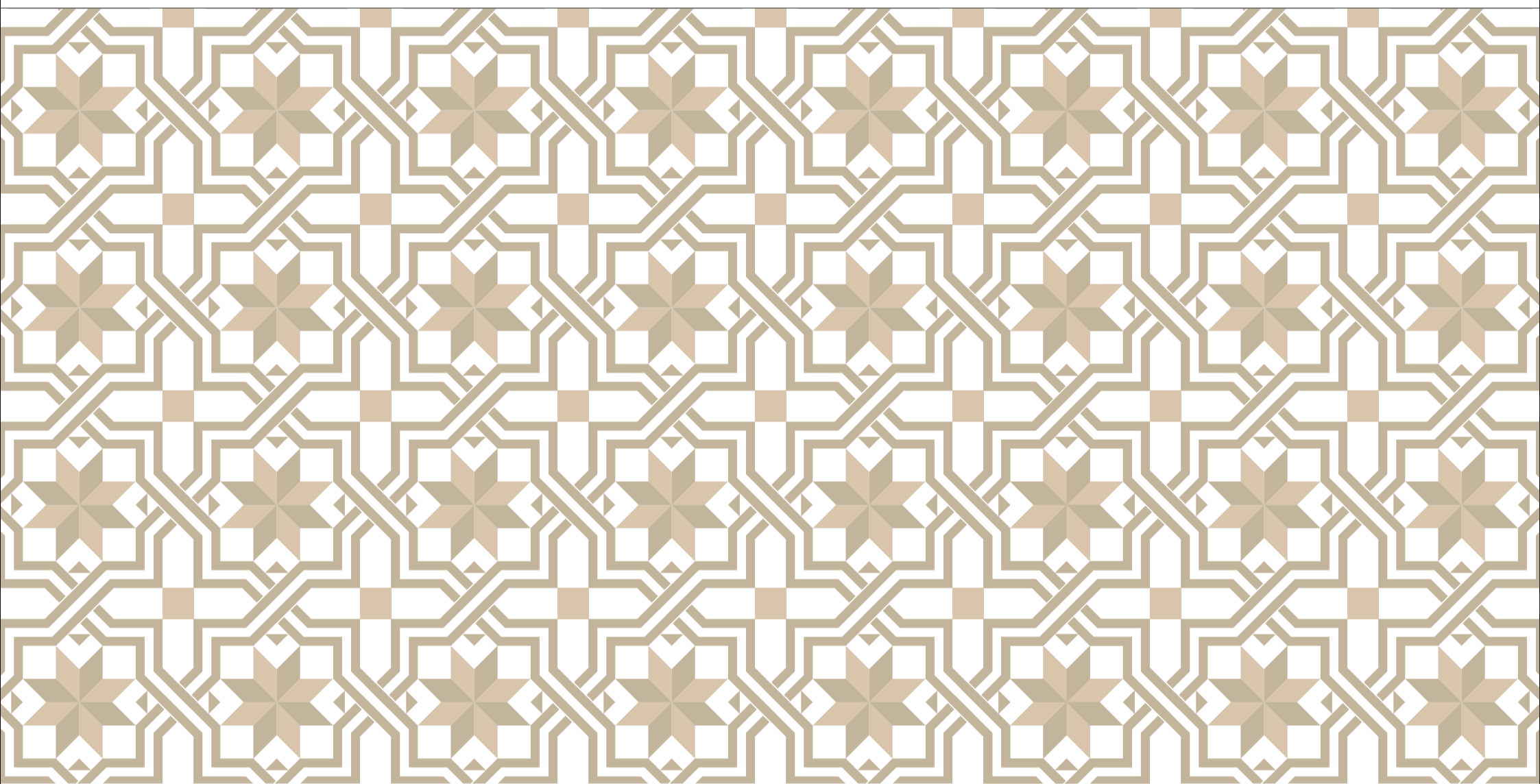
🍴 VEGETARIAN

☞ ASAYA

* PARTNERS IN PROVENANCE

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Rosewood's Partners in Provenance commitment is born out of respect for local farmers, indigenous agriculture and a dedication to delivering the highest quality food. Rosewood Phuket partners with local farms purveyors that provide the guests with fresh seasonal produce throughout the year. Traditional hand made egg noodles from Ba Mee Egg Noodle Shop in Phuket Old Town, organic honey and bee pollen from Thep Prasit in Chiang Mai, organically grown spinach from Phuket Farmers Club, free range goat's milk from Na Nua Goat Farm, and locally sourced free range chicken eggs.



RED·SAUCE

· ITALIAN BISTRO ·

