

BREAKFAST SPECIAL

08.00 AM -12.00 PM

120

choice of to start

Exotic Fruit Plate (gf)
w/ greek yogurt

Honey Toasted Muesli (v)
cashew nut, almond, walnut, seasonal fruits & side milk

choice of to finish

Eggs Benedict (p)
poached eggs, ham, spinach & hollandaise on english muffin

2 Eggs, Fried, Poached or Scrambled (v) (p)
w/bacon, cassava hasbrown, tomato on whole country bread

Fresh / Juice / Tea / Coffee

BREAKFAST MENU

08.00 AM -12.00 PM

Ham Cheese Tomato Croissant 65
ham, cheese & tomato

Poached egg w/ mashed avocado on country toast 55
Poached egg, avocado, on country toast side with herb roasted tomato & rucola salad

Indonesian Nasi Goreng (gf) 65
Chicken and vegetable fried rice top with sunny side egg

French Toast 55
Classic French toast serve with caramelized apple and maple syrup

Exotic Fruit Plate (gf) 50
w/ greek yogurt

Honey Toasted Muesli (v) 60
cashew nut, almond, walnut, seasonal fruits & side milk

2 Eggs, Fried, Poached or Scrambled (p) 70
w/ bacon, tomato on country bread

Omelete you tell us 75
choose 4 items

ham, cheese, onion, tomato, capsicum, chicken, mushrooms, potato w/ rucola salad

Sardinia Breakfast (p) 100
poached egg, spinach, bacon, chipolata, mushrooms, tomato, baked beans & cassava hasbrown

Breakfast Burrito 70
Scramble egg, chicken, bean, cheese, tomato, avocado, capsicum, onion, served w/ tomato salsa & sour cream

Eggs Benedict (p) 90
poached eggs, ham, spinach & hollandaise on english muffin

Sardinia Nalu Bowls 80
*Tropical Fruit - mango, pineapple, banana, yogurt, coconut water
Mixed Berry - avocado, banana, dragon fruit, yogurt,
both topped with toasted muesli, fresh fruit, chia seed, dates and goji berry*

Pancakes (v) 55
grilled banana, maple syrup & vanilla ice cream

SIDES

Whole country toasted 25

Croissant 35

Tomato 25

Cassava Hasbrown 25

Baked Beans 20

Bacon 35

Chipolata 35

Mushrooms 30

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ENTREE

Minestrone Soup (v) 50
tomato broth, mixed vegetables

Soto Ayam 65
kaffir lime scented chicken broth, rice noodles, egg, crispy potato w/ steamed rice

Dips Platter (v) 90
humus, guacamole, tzatziki, babaganus & pita bread

Nachos (v) 95
w/ guacamole, bell pepper sauce, tomato salsa, sour crea, jalapeno & cheddar cheese sauce salad

Cheese Platters 165
gouda, brie, emmental, blue cheese, strawberry, raisin, walnut and crostini bread

Lamb Brochette with Tatziki Sauce 85
*rilled Lamb and vegetable skewer marinated in spice yogurt
Serve with mint and cucumber tatziki sauce*

SALADS

Caesar Salad (p) 80
baby cos, bacon lardons, shredded egg, grana padano, herb croutons and anchovy dressing

with Chicken 90

with Prawns 110

Grilled Calamari Salad 95
chick pea & bell pepper salsa, rocket, parmesan & lemon vinaigrette

Thai Beef Salad 110
Grilled beef ,marinated with honey and soy sauce , romaine lettuce, chili, cucumber, tomato, coriander shallot, tossed with chili lime dressing

Roasted Beetroot Salad (v) (gf) 90
feta, rocket, orange, candied walnut & balsamic glaze

Healthy Poke Bowl Salad 145
house cured salmon, quinoa, cucumber, carrot, spring onion, avocado, pickled red cabbage w/ wasabi citrus soy dressing

Nicoise Salad 110
sesame seed coated tuna fillet, olives, green beans, potato, roasted tomato, hard boiled egg, mixed leaves & vinaigrette

Chicken Salad 120
mixed lettuce, semi dried tomato, roasted pumpkin, walnut, corn, red onion, crouton, avocado, sumac aioli

Greek Salad 80
cos lettuce, fetta, cucumber, olives, spanish onion and tomato

Prawn & Mango Salad 130
lettuce, mango, tomato, coriander, spanish onion, honey mustard dressing

Super Food Salad (v) 80
quinoa, chick peas, avocado, sunflower seed, tangerine, coriander, cherry tomato, mint, edamame, grill zucchini, & eggplant with pepitas dressing

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DESSERT

White Chocolate Crème Brulee <i>strawberry sauce & kahlua sauce serve vanilla gelato</i>	60
Gelato Secret <i>chocolate, vanilla, oreolius, fresh mint and chochip, straciarella, honey comb, mango sorbetto, coconut sorbetto, bamboo charcoal dan passionfruit sorbetto</i>	40
Chocolate Lava Cake <i>chocolate brownies cake poured hot chocolate ganache & served w/ vanilla gelato</i>	80
Home Made Tira Mi Su	75
Vanilla Pannacotta	70
Mini Donuts <i>filled with, strawberry jam, chocolate and pastry cream serve with vanilla gelato</i>	60
Apple and Raisin Crumble <i>served with ice cream</i>	65
Coconut Pudding <i>with lychee, manggo sorbetto</i>	55
Banana Spring Roll <i>vanilla gelato</i>	55
Nuttella Pizza <i>w/ banana</i>	70

KIDS MENU

Sardinia Cheese Burger <i>beef, cheddar cheese, tomato and lettuce with fries</i>	65
Fish and Chips <i>lightly battered with fries and mayo</i>	55
Chicken Tenderloin <i>breaded chicken loin with french fries and cream mushroom sauce</i>	55
Spaghetti Bolognese <i>with parmesan</i>	60
Penne Carbonara (p) <i>bacon, egg, cream and cheese</i>	60
Spaghetti Meatball <i>meatballs sauteed with fresh tomato sauce, parmesan</i>	55
Spaghetti Napoli <i>fresh tomato sauce and parmesan</i>	50
Toasted Cheese Sandwich	40
Gnocchi Bolognese	60
Spaghetti <i>butter and cheese</i>	45
Fries	25

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MAIN

200 gm Beef Tenderloin Steak	280
300 gm T-bone steak <i>choice of mash potato & sautéed veggies or salad & fries mushroom sauce or red wine jus or green peppercorn sauce or béarnaise</i>	250
Bbq Pork Rib <i>Grilled pork rib with bbq sauce serve with mashed potato, corn, coleslaw salad</i>	195
Chicken Parmigiana <i>mixed salad & potato wedges</i>	170
Tasmanian Salmon Fillet <i>tabouli, fennel & mint salad w/ picada dressing</i>	195
Grilled Chicken Breast <i>herb marinated chicken breast, serve with mash potato, peperonata and cream mushroom sauce</i>	170
Mie Goreng Top with Fried Egg <i>Indonesian stir fried egg noodle, mixed vegies, squid, white fish, prawn, meat ball with sambal chili & oyster sauce</i>	90
Cap Cay <i>shrimp, squid, chicken meat ball, broccoli, mushrooms, bok choy, cauliflower, cabbage w/ steamed rice</i>	90
Fish & Chips <i>beer battered reef fish w/ mixed salad & fries</i>	135
Balinese Chicken Curry (gf) <i>coconut chicken, lemongrass, beans, potato, carrot w/ steamed rice</i>	125
Ikan Pepes (gf) <i>w/ tuna marinated in herbs & spices wrapped in banana leaf, w/ steam rice</i>	120
Barramundi Fillet <i>herb marinated barramundi, chick pea puree, peperonata & eggplant salad w/ honey mustard dressing</i>	175
Jumbo Prawn With Chermoula Butter <i>sauteed with onion and chermoula butter serve with baked sweet potato top with spicy tomato and mint salsa</i>	185
BBQ Soy Marinated Chicken (Ayam Kecap) <i>chicken & balinese vegie curry w/ steamed rice & crackers</i>	110
Beef Rendang <i>beef curry, local spices, lemongrass, carrots, broccoli w/ steamed rice & crackers</i>	120
Seafood Platter For 1 <i>crumbed white fish, coated prawn chili mayo, grill salmon, deep fried calamari w/ tartar sauce and mix salad</i>	170
Gado Gado (v) <i>bean sprouts, green beans, spinach, steamed cabbage, tofu, egg, potato peanut & kaffir lime sauce</i>	70
Indonesian Share Plates Minimum 4 pax <i>ikan pepes, ayam kecap, beef rendang, mix vegetables curry, sayur urab rice, sambal. (inclusive of fruit plates and iced tea)</i>	630

SIDE ORDER

Steamed Rice	20
Mixed Leaf Salad, House Dressing	25
Hand Cut Chip	30
Mash Potato	30
Sauteed Mix Vegetables	30
Sauteed Broccoli & Sliced Almonds	30
Rocket Salad, Parmesan, Balsamic Vinaigrette	35
Italian Salad w/ Lemon Vinaigrette	30

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BURGERS, PANINIS & WRAPS

Sardinia Burger

beef, lettuce, tomato, cheese, mayo, pickles, caramelized onion salad & fries

Veggie Burger (v)

chick pea, lentil, potato, tofu, carrot & corn pattie, lettuce, tomato, roast eggplant & carrot, mayo, w/ fries & salad

Chicken Panini

chicken, rocket, mozzarella caramelized onion, mushrooms, tomato w/ fries

B.L.A.T (p)

bacon, lettuce, avocado & tomato w fries

Tuna Panini, mayo tuna, red onion, cos lettuce, tomato & fries

Steak Sandwich

Sirloin, caramelized onion, parmesan mayo, pickle red cabbage, tomato, cheddar cheese, w/ salad & potato wedges

Hot Salami Panini (p)

mozzarella, grilled eggplant, zucchini & olives w/ fries

Chicken Wrap

chicken, lettuce, capsicum, tomato, avocado & fetta w/ fries

Falafel Wrap

lettuce, red onion, tomato, cucumber & garlic yoghurt w/ fries

PASTA AND RISOTTO

all our pastas are made on premises

Pasta Mista Minimum 2 Pax

choose any 3 kinds of pasta

Fettuccine w/ Chicken & Mushroom

white wine and garlic cream sauce

Beef Lasagna

Penne Salmon

home made cured salmon a light garlic cream sauce

Fettuccine Seafood

prawns, calamari, white fish, tomato & garlic

Penne Carbonara (p)

bacon lardon, cream, egg, parmesan

Spaghetti Bolognaise

prime ground beef and parmesan cheese

Linguine Vongole

manilla clams extra virgin olive oil, garlic and chilli

Gnocchi Sorrentina (v)

napoli sauce, mozzarella cheese, baked in oven

Penne Pesto (v)

fresh ricotta, homemade pesto & semi dried tomatoes

Spaghetti Meatball

Italian classic meatball in tomato sauce

Spinach Ravioli (v)

w/ walnut sage cream sauce

Mushroom Risotto (v)

served grana padano

Seafood Risotto

saffron rice, prawns, squid, barramundi, parsley olive oil

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PIZZA

105	Margarita ,(v) tomato, mozzarella top w/ fresh tomato, parmesan shave & fresh basil	80
90	Smoked Chicken jalapenos, roasted peppers, special bbq sauce	105
	Sardinia (p) tomato, cheese, ham, mushrooms, olives, anchovies, capsicum	100
95	Piccante (p) tomato, mozzarella salami, chilli spanish onion	95
80	Tropicale (p) tomato, mozzarella ham and pineapple	95
80	Create Your Own Pizza	130
150	tomato sauce or spicy bbq sauce choose 3 item , ham , beef, smoked chicken,salami ,bacon choose 3 item , onion, paprika, mushroom, pineapple , olive potato or pumpkin	
80	Vegetarian (v) tomato, mozzarella, roasted pumpkin, potatoes broccoli, sweet corn & rosemary	90
85	4 Formaggie parmiggiano, gorgonzola, mozzarella and ricotta	100
75	Marinara tomato, mozzarella, prawns, clams, squid, salmon and watercress	130
	Mushroom (v) tomato, mozzarella, wild mushrooms and picada	95
295	Meat Lovers (p) tomato, mozzarella, ham, beef, bacon, chicken, hot salami, bbq sauce	125
110	Tonno tomato, mozzarella, tuna, onions, green olives	100
100	Aussie (p) Tomato, mozzarella, bacon, egg	100
125	Prawn & Salmon olive oil, mozzarella, broccoli, tomato, black olives & basil salad	130

TAPAS

100	Salt and Pepper Calamari lime aioli	70
	Mushroom Arancini (3) (v) parmesan mayo	55
90	Chicken & Veggie Spring Roll , sweet and sour sauce	55
	Salmon Skewers , teryaki sauce (3)	55
120	Grilled Prawn Skewers (3) mango salsa	60
	Chicken Satays (4) w/ a peanut and kafir lime leaf sauce	50
95	Angry Potatoes spicy tomato sauce	45
	Chicken Wings with sweet and sour sauce	55
100	Chicken Quesadillas , w/ bean, cheese, capsicum	50
	Fish Goujons (3) tartare	55
105	Fries	30
	Cheese & Spinach Roll , lime aioli	45
100	Prawn Tempura , soy & daikon sauce	65
110	Mini Burger cheese, lettuce, tomato, bacon, and dijon mustard mayo	55

Choose a Selection of 5 of the Above

240

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