




Essential

Cocktails



Open everyday
for breakfast, lunch and dinner
8am - late



 essentialcanggu

Our Cocktail List was put together by veteran bartender with over 20 years' experience working in some of the most awarded cocktail bars in Australia and New Zealand. Finalist for Bartender of the Year for 5 consecutive years, each libation reflects our passion for crafting cocktails that will challenge your palate to experience unique flavours and combinations.

An innovative concept consisting of marrying the purest Essential Oils on earth with fresh local produce, cold-pressed juices & high-quality spirits.

Enjoy!

Essential



Essential oil benefits

lemon Antioxidant, detoxification, improve concentration, aid headache, mood

lime Regenerative, improve concentration, digestive

wild orange Energising, stimulate creativity, emotional balance

lemongrass Anti-inflammatory, decongestant, regenerative

grapefruit Anti-Oxidant, purifier, skin-glow, hangover cure, jet-lag

detox Kidney & liver cleansing, hangover, weight loss, fatigue & exhaustion

digestive Morning sickness, food poisoning, reflux & colic, heartburn, nausea

uplifting Depression & discouragement, hysteria & anxiety, disconnection, PMS



Signature cocktails

ESSENTIAL TONIC

115k

In order to make the 'NEXT LEVEL' G&T we deconstructed it and recreated it our way.

Beefeater Gin, dash of Campari and our Bespoke Homemade Essential Tonic Water

CHARCOAL EXPRESSO MARTINI

150k

The activated coconut Charcoal act as a detox to eliminate the toxins of the body

Coconut Charcoal Washed Kahlua, Absolut Vanilla, Vanilla Syrup, Fresh Gaya Coffee

MANGO AND CUCUMBER DAIQUIRI ☺

140k

A tropical concoction consisting of locally sourced ripe mango, lime and cucumber directly from the farm.

Captain Morgan Blanco, Banana Liqueur, Fresh Mango, Cucumber, Lemon Essential Oil

COCONUT MOJITO ☺

130k

A classic Mojito with an island flavour stirred with shredded coconut and coconut sorbet.

Captain Morgan Blanco, fresh coconut, lime juice, mint, Essential syrup topped with toasted coconut flakes

CANGGU SUNSET

140k

A Sunset in a glass.

Vodka, Watermelon Liqueur, Lychee Liqueur, Passionfruit, Lime and Grapefruit Essential Oil

BALI NEWS

150k

Every cocktail tells you a story; this one will tell you a few... An awarded winning concoction inspired by the Breakfast Martini.

Camino Tequila, Aperol, Marmalade, Lemon Juice and Grapefruit Essential Oil

☺ Happy Hour Cocktails

CANGGU GARDEN

140k

From the garden to the glass it can't get more refreshing than this.

Beefeater Gin, Fresh Cucumber, Mint Leaves, Lime Juice, Lime Essential Oil

VANILLA & BURNT LEMON MARGARITA

150k

Working alongside with 'celebrities' of the bar industry in Sydney, the Vanilla & Burnt Margarita was born.

Camino Tequila, Cointreau, Charred Lemon, Essential Vanilla Syrup, Lime Juice

PASSIONFRUIT & CHILLI CAIPIROSKA ☺

130k

Our best seller. A refreshing and exotic combination of tropical flavours garnished with caramelised candied chilli.

Vodka, Fresh Passionfruit, Lombok Chilli, Lime Juice, Lemon Essential Oil

BALINESE KISS ☺

140k

The team agree it is sweet, balanced and rather unusual.

Vodka, Aperol, Lemon Essential Syrup, Fresh Guava, Lime Juice

WASABI & LEMONGRASS MARTINI

150k

Our proudest libation. Years in the making to craft this perfectly balanced cocktail.

Beefeater Gin, Pressed Lemon, Homemade Syrup Shaken with Wasabi, Lemongrass Essential Oil

RASPBERRY SHORTCUT

140k

This cocktail will bright up those ideas that are ready to be implemented.

Vodka, Lychee Liqueur, Fresh Raspberries, Apple and Lime Juice

☺ Happy Hour Cocktails

All prices in 000's IDR and exclusive of tax and service charge.
Cash only.

Classic cocktails

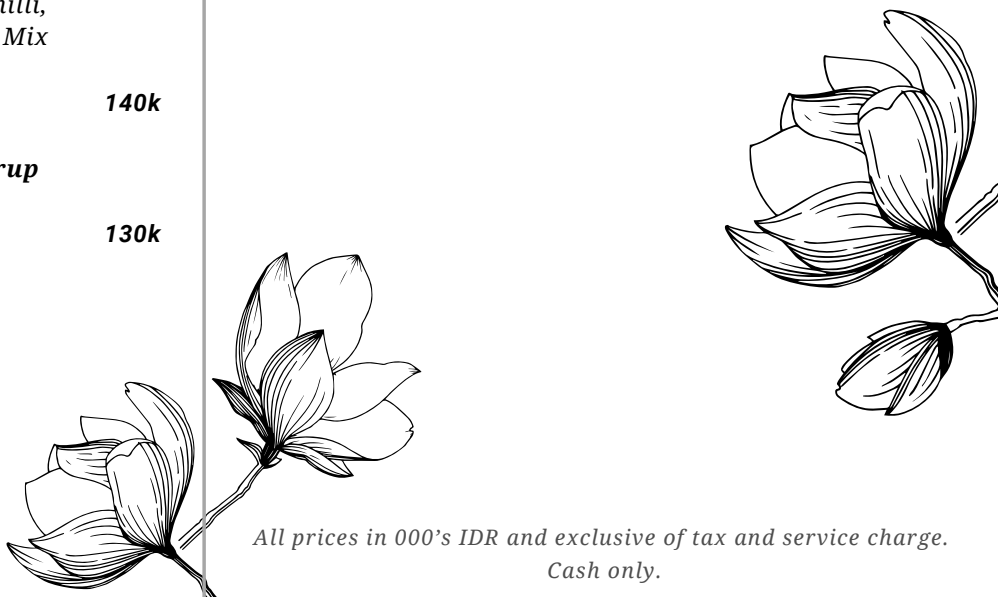
CAIPIROSKA ☺ <i>Sminorff Vodka, Fresh Lime and Essential Simple Syrup</i>	130k
APEROL SPRITZ <i>Aperol, Sparkling Wine topped with a dash of Soda Water. Italian Classic</i>	140k
SOUTHSIDE MARTINI <i>Beefeater Gin, Lime Juice, Mint & Essential Syrup</i>	140k
NEGRONI <i>Beefeater, Campari and Sweet Vermouth</i>	140k
COSMOPOLITAN ☺ <i>Sminorff Vodka, Cointreau, Cranberry Juice and Lime Juice</i>	130k
MARGARITA <i>Camino Tequila, Cointreau, Lime Juice & Essential Lemon Syrup</i>	140k
EL DIABLO <i>Camino Tequila, Crème de Cassis, Lime Juice, Raspberries topped up with Ginger Beer</i>	140k
BLOODY MARY ☺ <i>Sminorff Vodka, Tomato Juice, Kombucha Chilli, Worcestershire Sauce, Essential Homemade Mix</i>	130k
PINA COLADA <i>Captain Morgan Blanco, Coconut Sorbet, Pineapple Juice, Lime Juice, Essential Syrup</i>	140k
DAIQUIRI ☺ <i>Captain Morgan Blanco, Lime Juice and Essential Simple Syrup</i>	130k

Mocktails

“In the Name of the Body, Mind & Soul”

ESSENTIAL PASH <i>Passionfruit juice, Lime, Lemon Essential Oil, Bitters</i>	60k
CANGGU ROYALE <i>Lime, Cucumber, Mint, Essential Tonic, Lime Essential Oil</i>	60k
RED DRAGON <i>Fresh Kiwi, Strawberries, Lime, Dragonfruit Kombucha</i>	70k
SURF, SOAK & SIP “Maria Curau’s favourite” <i>Passionfruit, Lime, Mint, Mango Kombucha, Essential Lemon Syrup</i>	70k

*Please ask our friendly staff if you prefer to order our Mocktail Version of
Passionfruit Caipiroska
Coconut Mojito
Mango & Cucumber Daiquiri or
Balinese Kiss **60k**



Champagne / Sparkling

	bottle
<i>NV Jacqueline Brut, Blanc de Blancs, France</i>	520k
<i>NV Domaine Chandon Brut, Australia</i>	850k

White wine

	glass / bottle
<i>2016 Sauvignon Blanc, Cape Discovery, Margaret River, WA *</i>	105k /480k
<i>2016 Chardonnay, Trapiche 'Finca Las Palmas', Argentina</i>	750k
<i>2015 Pinot Gris, Santa Margherita, DOC, Tuscany, Italy</i>	800k


Rose wine

	glass / bottle
<i>2016 Rosé, Cape Discovery, Margaret River, WA *</i>	105k /480k
<i>2017 Matua Valley Pinot Noir Rose, Marlborough, New Zealand</i>	700k

Red wine

	glass / bottle
<i>2016 Cabernet Merlot, Cape Discovery, Margaret River, WA *</i>	105k /480k
<i>2015 Pinot Noir, Matua Valley, Marlborough, New Zealand</i>	750k
<i>2018 Malbec, Trapiche, Mendoza, Argentina</i>	650k
<i>2016 Shiraz, Koonunga Hill, South Australia</i>	850k

Shots



LITTLE BRAMBLE <i>Beefeater Gin, Crème de Cassis, Lemon Juice, Essential Syrup</i>	80k
ESSENTIAL LOVE <i>Absolut Vanilla, Amaretto, Passionfruit, Lemon & Vanilla syrup</i>	80k
WET PUSSY <i>Vodka, Peach Liqueur, Cranberry Juice and Lime</i>	80k

House jugs

ESSENTIAL PUNCH <i>Beefeater Gin, Peach Liqueur, Passionfruit, Grapefruit Essential Oil, Lime Juice & Mango Kombucha</i>	270k
SANGRIA <i>Martell VSOP, Cointreau, Crème de Cassis, Red Wine, Natural Kombucha, Homemade Lemonade & Fresh Island Fruits</i>	290k
PIMMS JUG <i>Beefeater Gin, Pimms n 1, Homemade Lemonade, Ginger Ale and Fresh Island Fruits</i>	250k

Beer

HEINEKEN Holland, 330ml, 4.7% alc./vol	55k
CORONA Mexico, 355ml, 4.5% alc./vol	85k
BINTANG Indonesia, 330ml 4.7% alc./vol	40k
SAN MIGUEL LIGHT Philippines, 330ml, 5% alc./vol *low carb	45k



*Australian grapes – bottled and vinified in Bali

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Vodka

30ml / martini 60ml

<i>Sminorff, (corn), Russia *</i>	90k / 160k
<i>Grey Goose, (grain, wheat), France</i>	130k / 210k
<i>Belvedere (rye), Poland</i>	140k / 250k
<i>Absolut Vanillia (wheat), Sweeden</i>	110k / ---
<i>Skyy (American grains), San Francisco, USA</i>	110k / 210k

Gin

LONDON DRY

30ml / martini 60ml

<i>Tanqueray, Cameron Bridge, Scotland</i>	90k / 160k
<i>Beefeater, London, England</i>	130k / 210k
<i>Bombay Sapphire, England</i>	140k / 250k

DISTILLED

<i>Tanqueray No 10, Cameron Bridge, Scotland</i>	160k / 290k
<i>Hendrick's, Ayrshire, Scotland</i>	130k / 210k

Tequila

30ml

<i>Camino Gold, Mexico</i>	100k
<i>Don Julio Reposado, Mexico</i>	160k

Rum

RUM INDUSTRIAL

30ml

<i>Havana Club Añejo 3 y.o., Cuba</i>	110k
<i>Captain Morgan Spiced, Jamaica *</i>	95k
<i>Captain Morgan White, Jamaica *</i>	95k
<i>Ron Zacapa 23 y.o. Centenario, Guatemala</i>	180k
<i>Kraken Spiced, Trinidad and Tobago</i>	130k

*Produced in Bali, Indonesia



Whisky & Whiskey

BLENDED SCOTTISH WHISKY

30ml

<i>Ballantines</i>	100k
<i>Johnnie Walker 12 y.o. Black Label</i>	120k
<i>Johnnie Walker Blue Label</i>	360k
<i>Johnnie Walker 21 y.o. 'XR'</i>	340k

BOURBON

<i>Jim Beam, Kentucky</i>	100k
<i>Maker's Mark, Loretto</i>	120k

TENNESSEE

<i>Jack Daniel's, Lynchburg</i>	120k
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CANADIAN WHISKY

<i>Canadian Club 12 y.o., Ontario</i>	120k
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IRISH WHISKEY

<i>Jamesons 12 y.o., Cork</i>	125k
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Proprietary Liquers

30ml


<i>Cointreau, France</i>	90k
<i>Kahlua, Mexico</i>	80k
<i>Frangelico, Italy</i>	120k

Generic Liquers

30ml

<i>Kwaifeh Lychee, Japan</i>	80k
<i>De Kuyper Watermelon, Holland</i>	80k
<i>De Kuyper Creme de Cassis, Holland</i>	80k
<i>De Kuyper Amaretto, Holland</i>	80k
<i>De Kuyper Creme de Cacao, Holland</i>	80k

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**“I have the simplest tastes,
I am always satisfied with the best”**

Oscar Wilde