

# Start your day

Vegan option available

## Acai Smoothie Bowl 295.-

mixed berry, banana, soy milk, coconut milk, acai, gojiberry, chia seed, dried coconut, granola and seasonal fruits

vegan



## Poached Apple Yogurt Bowl 255.-

greek yogurt , vegan granola, seasonal fruits

## Chocolate Banana Protein Smoothie Bowl 285.-

vegan pea protein, yogurt, banana, milk, cinnamon powder, granola and seasonal fruits

dairy



Rustic and Blue



Vegan option available



**Berry Smoothie Bowl 235.-**

granola, fruits, mixed berries,  
whole milk and yogurt

dairy

**Green Smoothie Bowl 255.-**

broccoli, spinach, pineapple, banana,  
flax seeds, date, cashew nuts,  
granola and seasonal fruits

vegan



**Chia Seed Coconut Pudding 245.-**

chia seed, coconut milk,  
granola and seasonal fruits

vegan

**Mango Summer Bowl 245.-**

mango, yogurt, peach, passionfruit,  
granola and seasonal fruits

dairy



# Egg & Friends

## Harrisa Chickpeas and Egg 235.-

harrisa spiced chickpeas,  
fried eggs, bagutte,  
labneh, mixed herb salad

vegetarian



## Rosy Egg Benny 245.-

poached egg on croissant, rocket,  
maple bacon, beetroot hollandaise,  
mixed salad

## Brekkie Stack 215.-

brioche french toast,  
maple bacon, fried egg  
and cheddar cheese

add pork black pepper sausage 40.-



Rustic and Blue





**Scrambled Eggs** 175.-  
brioche



**Sausage & Scrambled Egg** 255.-  
house Cajun-spiced sausage,  
brioche, wholegrain mustard

**Extra**

extra order can only be added to an order of a food item.

Greens	40.-	Fried/Poached/Boiled Egg	25.-
Mushroom	35.-	Scramble	40.-
Bread	40.-	Egg White	25.-
Sweet Potato	40.-	Change to Egg White	10.-
Chips	90.-	Bacon/Chicken	60.-
Bell Pepper & Tumeric Hummus	50.-	Granola	50.-
Sausage	55.-	Chorizo (50g.)	100.-
Brie on Toast	60.-	Cheese (mozzarella/cheddar/ blue cheese/parmesan)	40.-
House Cured Salmon	130.-		

**Bread Selection/substitutions**

Baquette / Brioche / Sourdough / Muesil Bread / Gluten free Vegan Bread on side

**Vegan substitutions for egg/meats**

Grilled Mushroom / Grilled Sweet Potatoes / Grilled Pumpkin

# Egg & Friends

## **Cured Salmon & Egg with Crumpet 295.-**

house cured salmon, herbed cream, crispy softboiled egg, salad, mixed herb, whole grain mustard sauce served on a house-made crumpet



## **French Toast 130.-**

brioche french toast, butter, maple syrup  
Add fruits 40.-



Rustic and Blue

