



# A La Carte

## BREAKFAST MENU

### TO START YOUR MORNING...

#### TOAST SELECTION

Choice of multigrain, rye or sourdough, served with butter and artisanal jams

#### QUINOA GRANOLA PARFAIT

Homemade and served with full fat or low fat yoghurt

#### TROPICAL SMOOTHIE BOWL

Phuket pineapple, banana, coconut, honey, homemade granola

#### SEASONAL THAI FRUITS

#### CLASSIC VIENNOISERIE MAISON JEAN PHILLIPE

Croissant & pain au chocolat

#### CARROT 'CAKE' QUINOA BOWL

Raw carrot, goat cheese, cranberries, walnut, maple cinnamon dressing

#### SUPERGREEN SALAD

Asparagus, zucchini, green beans, soybean, avocado, pesto, parmesan cheese

### TO COMPLETE YOUR BREAKFAST...

#### HEALTHY START

Egg white omelette, lemon, asparagus, herb salad, goji berries

#### BLUEBERRY & BEETROOT BELGIAN WAFFLES

Honey, yoghurt, walnut, chia seeds, mint

#### TOM YUM EGGS BENEDICT

Chiang Mai bacon, bok choy, tom yum hollandaise sauce, homemade English muffin

#### KR BIG BREAKFAST

Eggs your way, bacon, sausage, hash brown potatoes, mushrooms, gem lettuce, sourdough toast

#### KAI LUAK

Thai style soft poached egg, maggi seasoning, black pepper

#### WOK FRIED VEGETABLE NOODLES

Choice of egg noodles or flat noodles, seasonal vegetables, soy sauce

#### SUMAC AVOCADO TOAST

Soft boiled egg, feta cheese, dried cranberries, multi grain toast

#### SOURDOUGH FRENCH TOAST

Coffee & cinnamon, banana, toasted hazelnut, Canadian maple syrup

#### SMOKED SALMON EGGS BENEDICT

Smashed avocado, smoked salmon, hollandaise sauce, homemade English muffin

#### FARMHOUSE EGGS

Any style: fried, poached, boiled, scrambled or omelette

#### JOKE

Rice congee, soft poached egg, ginger, green onion

### SIDE DISHES

SMOKED BACON | PORK SAUSAGE | CHIANG MAI SAUSAGE | JASMINE RICE | HASH BROWN | MUSHROOMS



Vegetarian



Gluten Free



Contains Nuts



Signature

Breakfast Open Daily from 7 - 10.30 am

Please inform your host of any food allergies or special dietary requirements when placing your order.



# KATA ROCKS CLUBHOUSE

## COFFEE

Americano

Flat White

Cappuccino

Mocha

Iced Latte

Decaffeinated coffee available

Served with your choice of milk (full cream, low fat, soy or almond)

Espresso

Latte

Hot Chocolate

Iced Coffee

Double Espresso



## TEA

Earl Grey

English Breakfast

Chamomile

Peppermint Tea

Sencha Green Tea

Lemon Iced Tea

Thai Iced Tea



## FRUIT JUICES

Mango

Pineapple

Orange

Apple

Tomato

Cranberry

Watermelon



## FRUIT & YOGURT SMOOTHIES

- Mixed Berries | Lychee | Honey
- Mango | Banana | Honey
- Passion Fruit | Orange | Mango | Honey

## KATA ROCKS JUICERY

- Celery | Cucumber | Lime | Coconut Water
- Beetroot | Carrot | Kale | Apple | Lemon | Ginger
- Orange | Grapefruit | Lemon | Lime

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