

# AFTERNOON TEA SET

#### SUMMER GARDEN THEME

Balmy summer afternoons should be spent over spirited catch-ups with friends and pastries with the most colourful herbs and fruit. Savour mouth-puckering raspberries, tangy passion fruit and lemons, and summer-sweet strawberries in our latest edition of Afternoon Tea

## FINGER SANDWICHES

Roasted Angus Beef Sirloin Sandwich with Mustard and Summer Truffle Mayo
Mimosa Sandwich with Avruga Caviar
Cherry Wood-smoked Duck Breast and Foie Gras Mousse in
Blue Pea Flower Choux

Basil Compressed Watermelon with Feta Cheese and Black Olive Dust

Dill-infused Smoked Salmon Sandwich, Caper Cream Cheese and Cucumbers on

Whole Grain Bread

#### SEASONAL QUICHES

Parma Ham and Baby Leek Quiche
Summer Broccoletti and Ricotta Quiche

REGENT'S SIGNATURE SCONES

Traditional Plain Scones

Dried Cranberry Scones

## **DESSERTS**

Young Coconut Panna Cotta with Red Cherry Compote
Sweet Basil Strawberry Almond Tart
Tahitian Vanilla Lemon Financier
Belgium Dark Chocolate Macaron
Ruby Raspberry Milk Chocolate Mousse Cake
Passion Fruit Hazelnut Choux Puff

48 (Adult) | 24 (Child) with selection of Gryphon Tea or Illy Coffee Additional 13 | 58 | 48 for a glass, bottle or free flow Prosecco Additional 20 | 98 | 78 for a glass, bottle or free flow Champagne



The history of tea is one of myth, song, and ceremony. For over two millennia, people have been steeping the leaves of the Camellia sinensis shrub in boiling water for health, celebration, and happiness.

As you read through our menu you will find our favourite tales of this amazing elixir, some learnings worthy of prose, and a bit of poetry. We pay homage to the traditionalists as well as underscore the modernity that keeps us on our toes.

Our tea ceremony is one of science and service. Finely tuned recipes precisely prescribe the water temperature and steeping times to ensure your cup exceeds all expectations of what the unassuming brew has to offer, delivering an experience that colours your memory as much as our teas paint your palate.

#### ALL TEA SELECTIONS 12

Blacks and Blends

Greens and Whites

Oolongs

Herbal Tisane, Fruit and Rooibos



### SUMMER GIN COCKTAILS

### ORCHARD SPRING 24

Hendrick's Gin, Chamomile-infused St.Germain Elderflower Liqueur, Lemon Juice, Grenadine Syrup and Tonic

### MAYFAIR 26

Hendrick's Midsummer Solstice Gin, Mathilde Peach Liqueur, Lemon Juice, Regency Blend Syrup and Soda

#### **CUSCADEN CENTRAL 26**

Hendrick's Orbium Gin, Italicus Rosolio Bergamot Liqueur,

Grapefruit, Rosemary and Tonic

# TEA

### **BLACKS AND BLENDS**

Black tea, like all teas comes from the Camellia sinensis. Unlike all others, it is fully oxidised. Prized for its freshness over great distances black teas ended up fuelling an empire, building economies, and creating vast personal fortunes. Flexible enough to blend with fruits, oils and flowers; some are aged for decades like fine wines.

## Preparation









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**BLACKS** 

Regent Singapore Blend Assam Gentleman's Tea English Breakfast Earl Grey Classic Lapsang Gold

> BLENDS Lychee Rose Tiramisu

> > "Thank God for tea! What would the world do without tea! How did it exist? I am glad I was not born before tea."

- Sydney Smith, A memoir of the Rev. Sydney Smith

## TFA

#### THE OOLONGS

The Black Dragon tea of China was first discovered when a Fujian farmer returning home with a basket of tea leaves was distracted by a passing deer. Seeing an opportunity for a bountiful dinner he gave chase and his tea leaves were left to wither in the sun. Upon his return he noticed that his tea had begun to oxidise and not wanting to waste the tea he processed it as per custom. The resulting tea was neither green nor black, rather a beautiful partially oxidised creation that would become ubiquitous with tea for over a billion people.

## Preparation



2 grams



150 m



95°C



mino



## OOLONG

Garden of Regent Milky Oolong Osmanthus Oolong

> "There is something in the nature of tea that leads us into a world of quiet contemplation of life."

> > - LIN YUTANG, THE IMPORTANCE OF LIVING

# TEA

#### **GREENS AND WHITES**

Prized and revered as the most refined of its kind, white tea lacks a clear definition. Some say it is the fine white hairs present on the young leaves before they bud, others the natural processing. Regardless, the resulting extraction is as delicate as it is delicious.

Clarity finally arrives with green teas, the un-oxidised leaves of the Camellia sinensis are withered, heated, and rolled before drying. The superfood of the tea world, green tea is prized for its antioxidants, which may aid in memory, cholesterol and skin health.

## Preparation



2 grams









#### **GRFFNS**

Jasmine Gold Lemon Ginger Green Tea Shizouka Sencha Vanilla Sencha

> WHITE Peony Jade

> > "Tea ... is a religion of the art of life."

- Kakuzo Okakura, The Book of Tea

# TEA

## FRUITS, HERBAL TISANE AND ROOIBOS

Tisanes are the answer to the fact that tea does not grow everywhere in the world; technically not teas, these herbal concoctions are some of the world's oldest libations. From the bushes of South Africa to the orchards of Italy: dried fruits, flower petals, herbs, roots, and spices represent an entirely unique and enjoyable approach to infusing water.

## Preparation













### HERBAL TISANE

Chamomile Peppermint Calming Spirits

## **FRUITS**

Fruit Symphony Strawberry Cream

**ROOIBOS** African Sunset Apple Strudel with Pistachio

> "Steam rises from a cup of tea and we are wrapped in history, inhaling ancient times and lands, comfort of ages in our hands."

> > - Faith Greenbowl

# COFFEE

Every coffee bean begins as a sweet and delicate fruit brimming with bright and lively flavours. Delicate, the beans are at their best for only thirty days after roasting. We have partnered with Illy Coffee to bring you aromatic brews that celebrate the natural sweetness that coffee has to offer.

### **ESPRESSO**

The Illy Blend is a full-bodied 100% Arabica balancing chocolate and nutty notes with a light and enjoyable acidity that gives the coffee vibrance.

Single 9 Double 11 Long Black 9

ESPRESSO WITH MILK

Cappuccino 10 Macchiato 9 Latte 10 Flat White 10

# **BEVERAGES**

## **COCKTAILS BY MANHATTAN**



TEA COCKTAILS 19 COFFEE COCKTAILS 19

T & T and Tonic Water

Kahlua Coffee Tanqueray 10-infused Earl Grey Khalua, Tia Maria, Espresso and Cream



TEA MOCKTAILS 14

COFFEE MOCKTAILS 14

Tea Berry and Lime Juice

Affogato Mountain Berry Tea, Raspberry Vanilla Ice Cream and Espresso

ICED BEVERAGES 12 Iced Chocolate Iced Lemon Tea

JUICES 10 Orange, Apple, Mango

SOFT DRINKS 9 Coke, Coke Light, Sprite BEERS 16 Tiger Asahi Heineken

**BOTTLED WATERS 12** Aqua Panna 750ml San Pellegrino 750ml

## WINES

#### SPARKLING WINES

NV Duval LeRoy, Fleur De Champagne 1er Cru
26 per glass | 125 per bottle

NV Duval LeRoy, Brut Rose Prestige Premier Cru
30 per glass | 145 per bottle

NV Prosecco DOC, Astoria Lounge

16 per glass | 78 per bottle

## WHITE WINES

2018 Sauvignon Blanc, Basarico, Adriano Marco & Vittorio 19 per glass | 98 per bottle

> 2019 Pinot Grigio, Santa Margherita 18 per glass | 88 per bottle

### **RED WINES**

2018 Pinot Noir, Joseph Meczan, Hofstatter 25 per glass | 120 per bottle

2016 Chianti Guarniente, Buccianera 16 per glass | 78 per bottle

DESSERT WINE

2016 Moscato D'Asti Lumine, Ca d Gal 16 per glass | 78 per bottle