



MENU

#REALFOODXREALPEOPLE
DINE IN & TAKEAWAY 🛒

THE PANTRY

Floor 2, W Bangkok
Open every day from 12PM - 9PM

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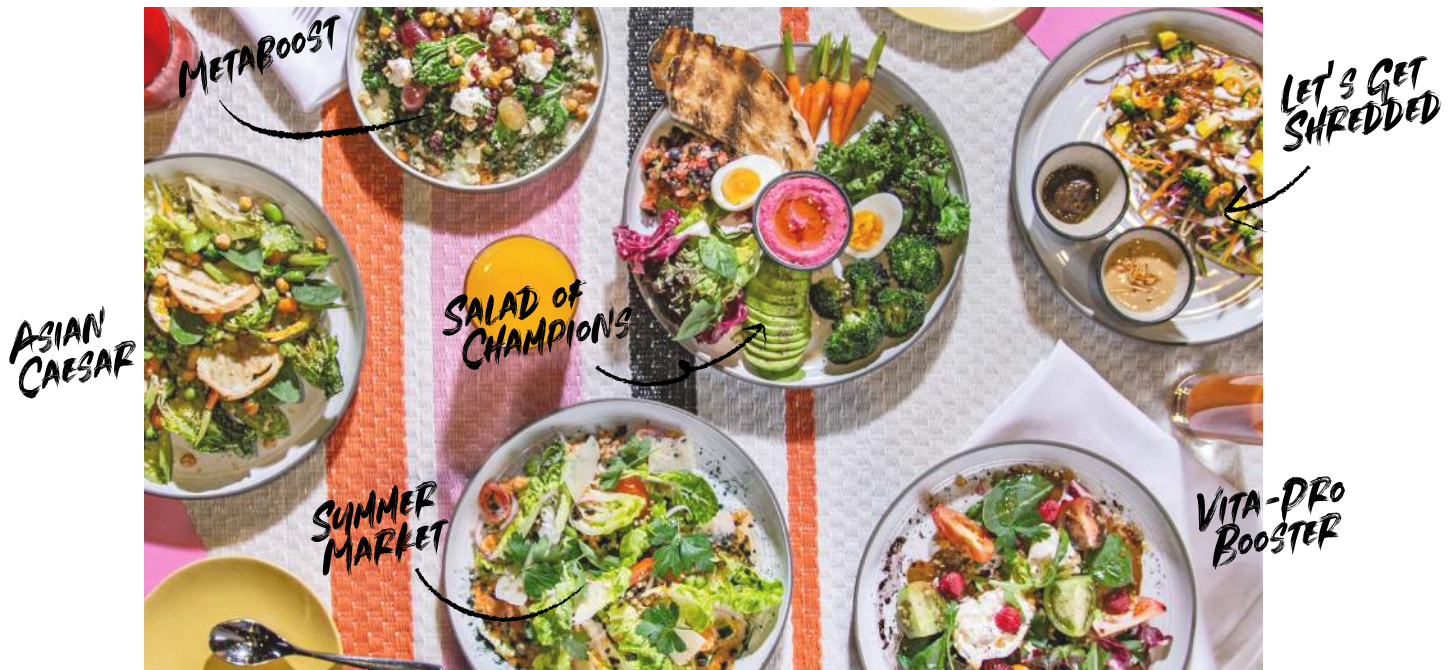
ORDER VIA
DELIVERY
APPLICATIONS



SALADS

Choose add-on protein for your bowl, wrap or salad:

- Grilled free-range organic chicken breast 90
- Seared salmon fillet 90
- Smoked salmon 90



Summer Market 250

Cos lettuce, cucumber, black olive, tomato, fava bean, ricotta, tomato and parmesan coulis, crispy buckwheat, spirulina and fermented blueberry vinaigrette

Let's Get Shredded 250

Shredded salad of fresh zucchini, carrot, red cabbage, red onion, cucumber, grilled mushroom, dried enoki, pine nut, fresh coconut, almond, organic black rice granola and cashew chili and tamarind dressing

Salad of Champions 290

Cous cous & bulgur, beetroot hummus, greens, grilled kale, carrot, avocado, broccoli, kalamata olive, black bean, tomato salsa and boiled egg

Vita-Pro Booster 290

Burrata, heirloom tomato, arugula, greens, raspberry, baby spinach, parsley, crispy quinoa, açai powder, fresh parsley, dried fig, almond, pumpkin seed and soy and balsamic vinaigrette

Asian Caesar 250

Grilled cos lettuce, baby spinach, carrot, sourdough crisp, toasted millet & poppy seed, butternut squash, fava bean, chickpea, broccoli, hummus and sweet miso dressing

Metaboost 290

Kale, radicchio, rocket, celery, green apple, mixed seeds gremolata, walnut granola, creamy walnut yogurt, frozen grape, ricotta, crispy chickpea, dried cranberry and kale extract powder

BOWLS WRAPS

All dishes can be served in bowl or as a wrap. All wraps are lightly toasted whole wheat tortilla. Please let us know if you want your wrap to be grilled.

Choose add-on protein for your bowl, wrap or salad:

- Grilled free-range organic chicken breast 90
- Seared salmon fillet 90
- Smoked salmon 90



Smokehouse 250

Baked oat, sunflower seed, avocado, aged cheddar, cherry tomato, black bean, corn, cilantro, lime wedge, spicy black bean and bbq sauce



Teriyaki 250

Barley, edamame, crispy wonton, broccoli, carrot, cucumber, boiled egg, green onion, sesame seed and teriyaki sauce



Oriental 250

Quinoa, broccoli, carrot, bean sprout, kimchi, crispy wonton, green onion, tofu and ginger and soy dressing



Immune Booster 250

Quinoa, feta cheese, kalamata olive, almond, red onion, cucumber, roasted red pepper, tomato, cilantro and red pepper sauce



Mexican 250

Brown rice, spinach, avocado, beetroot slaw, black bean, corn, salsa fresca, tortilla chip, lime wedge and spicy yogurt sauce



Green Curry 250

Brown rice, broccoli, carrot, red cabbage, coconut, eggplant, mushroom, cilantro, lime wedge and green curry sauce

SMOOTHIE BOWLS



So Green 220

Kale, spinach, pineapple, avocado, yogurt, spirulina powder, green apple, green mango



Açaí 220

Banana, blueberry, yogurt, coconut, almond, mixed seasonal berries, chia



Hulk 220

Banana, almond, walnut, quinoa, yogurt, soy milk, dried coconut, tofu



ENERGIZER

Greek Yogurt Parfait 120

Greek yogurt, homemade granola, organic honey, fresh seasonal fruits and berries, almond, walnut

Power Balls (2pcs) 120

Almond, walnut, cashew, pumpkin seed, sunflower seed, oat, coconut, chocolate coco nibs, honey

Coconut Chia Pudding 120

Chia seed, coconut milk, organic honey, mango, strawberry, shredded coconut

BEVERAGES



• FUEL YOUR LIFE •

100% fresh cold pressed juices

TropX 150

Mango, passion fruit, pineapple

Carrot Crazy 150

Carrot, passion fruit, pineapple, mango, lemongrass

Witty Watermelon 150

Watermelon, key lime, ginger

Green Detox 150

Spinach, celery, romain lettuce, cucumber, green apple, ginger

Gorgeous Guava 150

Guava, mint

• H2O •

Chang Mineral Still (700ml) 160
Chang Mineral Sparkling (700ml) 190
Evian (330ml) 120
Evian (750ml) 200
Ferrarelle (330ml) 140
Ferrarelle (750ml) 200

• COFFEE & TEA SPECIALTIES •

Hunter's Brew cold drip coffee – Americano 190

Notes: walnut, graham crackers and raisins

Hillpop – Organic sparkling coffee 190

Notes: bold and chocolatey

TWG Silver Moon – Cold brew 190

Green tea accented with a grand berry and vanilla bouquet, suave, with just a hint of spice

• PROTEIN SHAKES •

100% Premium Whey Protein Shakes

Bananahana 190

Vanilla whey protein, banana, peanut butter, almond milk, cacao

Red Rocket 190

Vanilla whey protein, raspberry, almond milk

